

Registration Brochure

16TH ANNUAL

**Obsessive Compulsive
Foundation** CONFERENCE

Hyatt Regency
Minneapolis, MN

AUGUST 7-9, 2009



16th Annual OCF Conference

Hotel Information

All conference sessions and social functions will be held at the Hyatt Regency Minneapolis Hotel. The hotel is in a prime location on Nicollet Mall, close to an incredible array of Twin Cities' attractions. Rooms have been set aside at a special rate of \$164 per night. This rate is available to attendees of the Conference only and is available from three days before until three days after the event, subject to availability. Please make sure to make your reservations as early as possible because this block of rooms tends to fill up fast. Visit: <http://minneapolis.hyatt.com/groupbooking/msprm8ocf2009> or call 1-800-492-8804 and mention code g-8OCF.

Low Airfare

Minneapolis/St. Paul International Airport is the closest airport to the Hyatt Regency Minneapolis. Northwest Airlines is offering special meeting fares for attendees. To use the discounted rate:

1. Visit <http://nwa.com> and click on Flights.
2. Click on "Do you have a Discount Travel E-Cert or other voucher?"
3. Complete the 'Flight Options' section of the Flight Search screen.
4. In the 'Additional Search Options' section, navigate to the section: "Do you have a Discount Travel E-Cert, Electronic Credit Voucher (ECV), Meeting?"
5. Select: Yes From the drop-down select 'Meeting Agreement (WorldFile number).
6. Enter the Meeting Agreement code: NY26T and complete your transaction.

Flights can also be booked using code NY26T by calling 1-800-225-2525, but an additional \$20 charge applies to all phone reservations.

Ground Transportation

Estimated taxi fare from Minneapolis/St. Paul Airport is \$40 each way.

If you are driving:

From Minneapolis Airport, exit right out of airport and follow signs to 494 West. Take 494W to 35W North. Follow signs for downtown to the 11th St. exit. Take 11th St. to 2nd Ave, turn left. Continue past Convention Center. Turn right at Nicollet Ave. Hotel and parking ramp will be on your left.

Parking at the hotel is \$17-\$28/day.

Super Shuttle Service to/from Airport:

\$16.00 One way

\$28.00 Round Trip Cash or Pre-Pay Credit Card

From airport to hotel: Runs every 15 minutes between 4:30am and 11:00pm. After 11:00pm and before 4:30am please call Super Shuttle to arrange pick up. Follow the signs for Hotel Shuttles and Scheduled Vans to the Ground Transportation Atrium. The Super Shuttle guest service desk is located near the center of the shuttle area. Service available 24 hours.

From hotel to airport: Reservations must be made at least 1.5 to 2 hours in advance. Reservations may be made by calling Super Shuttle at 800-258-3826 or Fax # 612-827-6777.

General Registration

One Registrant Per Form - Photocopies May Be Used

Name _____
First Middle Last

How would you like your name to appear on your badge?

Street _____

City _____ State _____ Zip Code _____

Country _____

Daytime Telephone _____

Email _____

Fax _____

Check if registrant is under 18 years of age. Age _____

Registration Fees

Please Check One:

	Postmarked 7/17 or before	Postmarked 7/18 or after
<input type="radio"/> OCF Member (All 3 Days)	\$200	\$225
<input type="radio"/> Non-Member (All 3 Days)	\$250	\$275
<input type="radio"/> Children 16 and under	\$175	\$200
<input type="radio"/> Professional Member	\$300	\$325
<input type="radio"/> Professional Non-Member	\$350	\$375
<input type="radio"/> OCF Member (Friday Only)	\$ 75	\$100
<input type="radio"/> Non-Member (Friday Only)	\$100	\$125
<input type="radio"/> OCF Member (Saturday Only)	\$ 75	\$100
<input type="radio"/> Non-Member (Saturday Only)	\$100	\$125

Registration and Payment

By Mail: Complete Registration Form, enclose check made payable to OCF and mail to:

Conference Desk
OC Foundation, Inc.
P.O.Box 961029
Boston, MA 02196

Please note that checks must be drawn on a U.S. bank in U.S. funds. No foreign checks will be accepted.

16th Annual OCF Conference

What is the Annual OCF Conference?

Since 1993, the Annual OCF Conference is the only national meeting focused solely on Obsessive Compulsive Disorder (OCD) and OC Spectrum Disorders. The unique event allows people with OCD and their loved ones to experience the latest OCD information alongside the mental health professionals who care for them.

Over 1,200 attendees are expected to join us in Minneapolis, MN for this year's conference, our 16th. This year's conference features more than 100 presentations, workshops, and seminars as well as a dozen Friday-night support groups. Our presenters include some of the most experienced and knowledgeable clinicians and researchers in the field, as well as people with OCD and family members who are willing to share their stories.

Who Should Attend?

- Individuals (adults, teens, and children) with OCD or any of the OC Spectrum Disorders
- Parents, spouses, siblings, children, caring friends, or other relatives of anyone with OCD or OC Spectrum Disorders
- Physicians, nurses, social workers, psychologists, professional counselors, marriage and family therapists, and other professionals who provide therapy, support and information to those affected by OCD and OC Spectrum Disorders

Registration Hours:

Thursday
(pre-registered attendees only)
1:00pm – 8:00pm

Friday
7:00am – 5:30pm

Saturday
7:00am – 4:00pm

Bookstore Hours:

Friday
9:00am – 5:30pm

Saturday
9:00am – 5:30pm

Sunday
9:00am – 12:00pm

Exhibitor Hours:

Friday
9:00am – 5:00pm

Saturday
9:00am – 5:00pm

Sunday
9:00am – 12:00pm

General Information

Internet Registration

Instant registration is available on our website by visiting <http://conferences.ocfoundation.org>.

On-Site Registration

Registration is also available at the Annual Conference. On-site registration will open at 7:00 am on Friday, August 7th.

Mailed Registration

All mailed registrations will be confirmed if received by July 23. If you don't receive a confirmation within three weeks of mailing in your form, please contact us at 617-973-5801 or conferences@ocfoundation.org. All registrations must be accompanied by full payment. Advance registrants can pick up their badges and registration materials at the Registration Counter.

Spouse/Children

Please note that a Registration Fee and Form is required for every family member who is attending the Conference, including spouses and all children. In order to get a discount on each family member's registration fee, the family must have a family membership and all family members must reside in the same household. Please contact us at 617-973-5801 to upgrade your membership or to join.

Cancellations/Refund Policy

All cancellations and requests for refunds must be made in writing and received by OCF by July 23, 2009. A \$50 administrative fee will be charged. No refunds will be granted to requests received after July 23, 2009. Telephone cancellations will not be accepted. Refunds will be made after the conference.

Session Availability

Seating at all workshops, seminars, and lectures is on a first come basis.

INTENDED AUDIENCE	Individuals w/OCD and Family	Individuals w/OCD	Parents/Kids/Teens
FRIDAY 8:00-9:00 am	GENERAL ORIENTATION Jeff Szymanski, PhD; Jeff Bell; Christina Vertullo, MS, MA	COPING SKILLS: WAYS TO SUPPORT CBT IN THE TREATMENT OF OCD Jennifer Jencks, LICSW; Constantina H. Boudouvas, LCSW	PARENTS/KIDS ORIENTATION Diane Davey, RN, MBA; Lisa Steffl, MS, ATR-L, BC
FRIDAY 9:15-10:45 am	OCD 101 FOR CONSUMERS AND FAMILIES Bruce Mansbridge, PhD	SO DOCTOR, DO YOU THINK I'M GAY? Fred Penzel, PhD	WHY YOU DO THE THINGS YOU DO: FACTS ABOUT OCD (13-18 YO) Kathleen M. Rupertus, PsyD
FRIDAY 11:00 am-12:30 pm	WORKING TOGETHER TO QUIET OCD: EXPRESSED EMOTION, FAMILY ACCOMMODATION AND BEHAVIOR CONTRACTING, PART I Barbara Van Noppen, PhD; Constantina H. Boudouvas, LCSW; Michele Pato, MD	TWENTY YEARS MAKES ONE WEAK, THREE DAYS MAKES ONE STRONG: ONE PERSON'S WONDERFUL STORY OF OVERCOMING OCD Randy Herrera	FAQs ABOUT OCD IN CHILDREN AND ADOLESCENTS Aureen Wagner, PhD
LUNCH ON YOUR OWN.....			
FRIDAY 1:30-3:30 pm	WORKING TOGETHER TO QUIET OCD: EXPRESSED EMOTION, FAMILY ACCOMMODATION AND BEHAVIOR CONTRACTING, PART II Barbara Van Noppen, PhD; Thröstur Björgvinsson, PhD; Constantina H. Boudouvas, LCSW; Michele Pato, MD	INCREASING MOTIVATION Jeff Szymanski, PhD; Jeff Bell; Robin Zasio, PsyD, LCSW	STRONG WILL AND OCD Mary Kathleen Norris, LPC
FRIDAY 4:00-5:30 pm	SCRUPULOSITY: WHAT IS IT, I CAN'T EVEN PRONOUNCE IT, AND HOW IS IT A PART OF MY OCD? Fr. Ernie Gauthier, Mdiv, LCSW; Jonathan Grayson, PhD; Charles Mansueto, PhD; Jedidiah Siev, PhD	TAKING THE FIRST STEP Robin Zasio, PsyD., LCSW; Robin Taylor Kirk, LMFT; Patrick McGrath, PhD	HELPING YOUR CHILD TO HELP THEMSELVES: WHAT YOU, AS PARENTS, NEED TO DO (OR NOT DO) TO ASSIST YOUR CHILD'S RECOVERY FROM OCD Fred Penzel, PhD
DINNER ON YOUR OWN.....			
SATURDAY 8:15-9:15 am	THE ROLE OF COACHING IN TREATING COMPULSIVE HOARDING Jordana Muroff, PhD, LICSW; Christiana Bratiotis, LCSW; Suzanne Otte, MS, MBA	MY LIFE WITH BDD Scott M. Granet, LCSW	TAKE IT FROM ME, YOU CAN BEAT OCD (6-12 yo) Kathleen M. Rupertus, PsyD
SATURDAY 9:30-11 am	KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy	KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy	A BACK TALKING TEEN CAN BE A GREAT THING WHEN DEALING WITH OCD Mary Kathleen Norris, LPC
SATURDAY 11:15 am-12:45 pm	CBT FOR OCD: AN UPDATE FOR CONSUMERS AND FAMILIES Jonathan Abramowitz, PhD	LEARNING TO DE-HOARD AN EXPERIENTIAL WORKSHOP FOR PEOPLE WITH OCD Gail Steketee, PhD; Randy Frost, PhD	OCD FASHION SHOW WITH MUSIC BY THE OCD SINGERS Jason Spielman, PsyD; Marilyn Cugnetto, PhD; E. Katia Moritz, PhD
LUNCH ON YOUR OWN.....			
SATURDAY 1:45-3:45 pm	LIFE WITH OCD - ELIZABETH MCINGVALE'S FAMILY PERSPECTIVE Elizabeth McIngvale; Laura McIngvale; Linda McIngvale	MEDICATION Q & A Michael Jenike, MD	STUDY AND ORGANIZATIONAL SKILLS FOR STUDENTS WITH OCD Mary Kathleen Norris, LPC
SATURDAY 4:00-5:30 pm	WHAT LEVEL OF TREATMENT IS RIGHT FOR YOU – AND HOW DO YOU GET IN IT? Patrick McGrath, PhD; Eda Gorbis, PhD, LMFT; Lisa Hale, PhD; Bradley Riemann, PhD; Robin Zasio, PsyD, LCSW	HOW OCA WORKS FOR OCD Roy C.	FAMILY ACCOMMODATION OF CHILDREN'S OCD SYMPTOMS: WHY IT'S A PROBLEM AND WHAT YOU CAN DO ABOUT IT Jonathan Abramowitz, PhD; Stephen P. Whiteside, PhD
SATURDAY EVENING SOCIAL AND DINNER.....			
SUNDAY 9:00-10:30 am	CHALLENGES IN TREATING CO-MORBID OCD AND ADHD Patricia Perrin, PhD	EXPERIENTIAL SEMINAR ON TREATING TRICHOTILLOMANIA: HABIT REVERSAL TRAINING Jennifer Gault, MFT	OCD - THE MONSTER WITHIN Mark J. Kirschner, PhD
SUNDAY 10:45 am-12:15 pm	OCD AND ONLINE SUPPORT John Hershfield, MA; Michael Jenike, MD	LIFE AFTER OCD - NOW WHAT? Barbara Van Noppen, PhD; Thröstur Björgvinsson, PhD; Constantina H. Boudouvas, LCSW; Perrie Merlin, LICSW; Michele Pato, MD; Aureen Wagner, PhD	SETTING UP A TEEN SUPPORT GROUP Nikita Desai and Cole Duncan

Families/General	General	General
<p>BEYOND THE BLUES: OCD IN PREGNANCY AND POSTPARTUM Jonathan Abramowitz, PhD; Katherine Moore, MD</p>	<p>THE MINDFUL WAY TO OCD RECOVERY – MINDFULNESS-BASED BEHAVIORAL THERAPY Eda Gorbis, PhD, LMFT; Jenny C. Yip, PsyD</p>	<p>TEENS AND YOUNG ADULTS ORIENTATION Jared Kant; Jenifer Waite Wollenburg, MS-ATR</p>
<p>HELP FOR FAMILIES OF ADULT CHILDREN WITH OCD Perrie Merlin, LICSW</p>	<p>NEUROSURGERY FOR OCD 2009 UPDATES Benjamin Greenberg, MD, PhD; Wayne Goodman, MD; Paul Malloy, PhD</p>	<p>EVOCATIVE EXPOSURE TECHNIQUES FOR OCD Bruce M. Hyman, PhD, LCSW; Patricia M. Perrin, PhD</p>
<p>HOW CAN I HELP MY FAMILY MEMBER WHO HAS OCD? Sue Vitek, MA, MSW, LCSW</p>	<p>SCRUPULOSITY, HARM AND SEXUAL THEMES IN OCD Lisa Hale, PhD; Amy Brown-Jacobsen, PhD; Patrick McGrath, PhD; Alec Pollard, PhD; Stephen Whiteside, PhD</p>	<p>OCD AND THE LAW Jeff Szymanski, PhD; Charles Mansueto, PhD; Fugen Neziroglu, PhD; Fred Penzel, PhD; Robin Zasio, PsyD, LCSW</p>
<p>BODY DYSMORPHIC DISORDER: HELP FOR FAMILY AND LOVED ONES Jennifer L. Greenberg, PsyD; Sabine Wilhelm, PhD</p>	<p>A RESEARCH UPDATE FROM THE OCF GENETICS COLLABORATIVE: RESULTS FROM THE FIRST GENOME-WIDE ASSOCIATION STUDY (GWAS) Gerald Nestadt, MD; Michael Jenike, MD; David Pauls, PhD; Jeremiah Scharf, MD, PhD; Evelyn Stewart, MD</p>	<p>INTERNATIONAL DISSEMINATION OF EXPOSURE THERAPY FOR OCD Jason Elias, PhD; Oded Ben-Arush, PhD; Lic. Carlos Coto; Daniel Gutfreund, PhD; Lic. Victoria Keilhauer</p>
<p>WHAT TO DO WHEN YOUR FAMILY MEMBER HOARDS Rena M. Reinardy, PsyD</p>	<p>NIMH RESEARCH UPDATE TBD</p>	<p>EMOTIONAL CONTAMINATION Carol Hevia, PsyD</p>
<p>WHAT IF I HAVE SOCIAL ANXIETY AND OCD? Jason Elias, PhD</p>	<p>INFORMATION HOARDING AND LIFE EDITING OCD Rena M. Reinardy, PsyD</p>	<p>”IS IT FUN OR IS IT THERAPY?” - GROUP TREATMENT FOR KIDS WITH OCD AND AUTISTIC SPECTRUM DISORDERS Jason Spielman, PsyD; Marilyn Cugnetto, PhD; Jonathan Hoffman, PhD</p>
<p>KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy</p>	<p>KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy</p>	<p>KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy</p>
<p>WHEN INDECISION IS A CLINICAL ISSUE Charles Mansueto, PhD</p>	<p>ACCEPTANCE AND COMMITMENT THERAPY PRINCIPLES AND TECHNIQUES FOR OBSESSIVE COMPULSIVE SPECTRUM DISORDERS Katherine Donnelly, MA; Fugen Neziroglu, PhD</p>	<p>RESEARCH UPDATE FROM MCLEAN OCD INSTITUTE Evelyn Stewart, MD; Jason Elias, PhD; Gregory Chasson, PhD; Michael Jenike, MD; Abigail Lamstein, LICSW; Leslie Shapiro, LICSW; Chris Spofford, MA; Denise Egan Stack, LMHC</p>
<p>MAKING MUDPIES: CONFRONTING YOUR FEAR OF CONTAMINATION Jonathan Grayson, PhD; Harold Kirby, LCSW, BCD; Brigette Erwin, PhD</p>	<p>DON'T TRY HARDER – TRY DIFFERENT: A STRESS MANAGEMENT APPROACH TO HELP DECREASE YOUR OCD Patrick McGrath, PhD</p>	<p>OCF PAST COMPLETED GRANTS RECIPIENTS Jamie Feusner, MD; Marco Grados, MD, MPH; Rene E. Staskal, MA; Eric Storch, PhD; Stephen P. Whiteside, PhD</p>
<p>HOW CBT CAN HELP CHILDREN AND ADOLESCENTS WITH OCD WHO HAVE TICS Jonathan Hoffman, PhD</p>	<p>WHATEVER HAPPENED TO THE “PHILLY SIX?” – ONE YEAR AFTER BEING ON OPRAH AND INTENSIVE 3-DAY ERP TREATMENT Jonathan Grayson, PhD; Corbin Bell; Janene Campbell; Brian Hovious; Kathy Masiello; April Mooney; Kate Young</p>	<p>OCD IN THE MEDIA Jeff Bell; Jackie Herskovitz; Elizabeth McIngvale; Terry Murphy; Michael Spigler, CHES; Jeff Szymanski, PhD</p>
<p>THE LAW IS FINALLY ON YOUR SIDE! WHAT PEOPLE WITH OCD NEED TO KNOW ABOUT RECENT CHANGES IN THE ADA THAT CAN HELP KEEP YOU EMPLOYED AND INSURED Marilyn Mika Spencer, JD</p>	<p>TECHNOLOGY IN OCD TREATMENT Jonathan Hoffman, PhD; E. Katia Moritz, PhD; Jason Spielman, PsyD; Eric Storch, PhD</p>	<p>BDD AND MUSCLE DYSMORPHIA Phillip Seibell, MD</p>
<p>OCF AND YOU Elaine Davis; Jeff Bell; Rebecca Cyr; Michael Spigler, CHES; Jeff Szymanski, PhD; Christina Vertullo, MS, MA</p>	<p>ADVANCED TECHNIQUES IN CREATIVE CBT FOR PEDIATRIC OCD E. Katia Moritz, PhD</p>	<p>DO I HAVE YOUR ATTENTION?! HOW OCD USES SHOCK VALUE IN VIOLENT, SEXUAL, AND BLASPHEMOUS OBSESSIONS Rena M. Reinardy, PsyD</p>

Researchers	Therapists	Therapists
PROF. ORIENTATION + NEUROSURGERY AND DBS FOR SEVERE OCD: TRANSLATIONAL RESEARCH AND A “ROADMAP” Benjamin Greenberg, MD, PhD; Wayne Goodman, MD; Suzanne Haber, PhD	PROF. ORIENTATION + INTRODUCTION FOR TREATMENT PROVIDERS PART I Thröstur Björgvinsson, PhD; John Hart, MA	PROF. ORIENTATION + UTILIZING CBT FOR TREATMENT OF AUTISM SPECTRUM DISORDERS IN CHILDREN WITH OCD Jonathan Hoffman, PhD; E. Katia Moritz, PhD; Jason Spielman, PsyD
GLUTAMATE IN OCD: A NEW FRONTIER? Christopher Pittenger, MD, PhD	INTRO FOR TREATMENT PROVIDERS PART 2 Thröstur Björgvinsson, PhD; Joyce Davidson, MD	HARD-TO-TREAT OCD IN CHILDREN AND ADOLESCENTS Aureen Wagner, PhD
RESEARCH UPDATE ON THE GENETICS OF OBSESSIVE COMPULSIVE DISORDER Marco Grados, MD, MPH	INTRO FOR TREATMENT PROVIDERS PART 3 Thröstur Björgvinsson, PhD; Dana Powell, PhD; Felicity Sapp, PhD	TROUBLESHOOTING IN COGNITIVE-BEHAVIORAL THERAPY FOR ADULTS WITH OCD: A CLINICIAN’S FORUM Jonathan Abramowitz, PhD; Bradley Riemann, PhD
PEDIATRIC OCD TREATMENT STUDY (POTS) II: AUGMENTATION OF SRI PARTIAL RESPONSE Martin E. Frankiln, PhD; Jennifer Freeman, PhD; John March, MD, MPH	INTOLERANCE OF UNCERTAINTY IN OCD: INHERENT UNCERTAINTY IN DEFINING AND UNDERSTANDING THE IMPLICATIONS OF UNCERTAINTY FOR OCD TREATMENT R. Nicholas Carleton, MA; Jonathan Grayson, PhD; Charles Mansueto, PhD; C. Alec Pollard, PhD; Brad Riemann, PhD	DIFFERENTIAL DIAGNOSIS AND TREATMENT OF CO-MORBID CONDITIONS Eda Gorbis, PhD, LMFT
LATEST ADVANCES IN OUR UNDERSTANDING OF THE NATURE AND TREATMENT OF BODY DYSMORPHIC DISORDER Luana Marques, PhD; Fugen Neziroglu, PhD; Gail Steketee, PhD; Sabine Wilhelm, PhD	SPECIAL ISSUES IN THE TREATMENT OF SCRUPULOSITY C. Alec Pollard, PhD	TREATING TRICHOTILLOMANIA ACROSS THE DEVELOPMENTAL SPECTRUM: COMMON CHALLENGES, POTENTIAL SOLUTIONS Martin E. Frankiln, PhD; Nancy Keuthen, PhD
AFRICAN AMERICAN INCLUSION IN OCD RESEARCH AND TREATMENT: ARE WE THERE YET? Monnica Williams, PhD; Martin E. Frankiln, PhD	OC SPECTRUM AND CO-MORBID DISORDERS IN CHILDREN AND ADOLESCENTS Constantina H. Boudouvas, LCSW; Jennifer Jencks, LICSW	MY THOUGHTS ARE DRIVING ME CRAZY! – COGNITIVE BEHAVIORAL TREATMENT STRATEGIES FOR “PRIMARILY OBSESSIONAL” OCD Bruce M. Hyman, PhD, LCSW; Patricia M. Perrin, PhD
KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy	KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy	KEYNOTE ADDRESS Michael Jenike, MD; Terry Murphy
UNDERSTANDING BODY DYSMORPHIC DISORDER: NEW FINDINGS IN NEUROIMAGING AND INFORMATION PROCESSING Hannah E. Reese, MA; Paul Cannistraro, MD; Jamie Feusner, MD	THE ETHICS OF EXPOSURE: WHEN AND WHY TO DO ERP, AND IS THERE SUCH A THING AS TOO FAR? Patrick McGrath, PhD; Eda Gorbis, PhD, LMFT; Jonathan Grayson, PhD; Lisa Hale, PhD; C. Alec Pollard, PhD; Robin Zasio, PsyD, LCSW	BARRIERS TO TREATMENT AMONG INDIVIDUALS WITH OBSESSIVE COMPULSIVE AND BODY DYSMORPHIC SYMPTOMS: DOES ETHNICITY MATTER? Luana Marques, PhD; Kiara Timpano, MS; Sabine Wilhelm, PhD
NEUROANATOMICAL AND NEUROCOGNITIVE DEFICITS IN COMPULSIVE HOARDING: ENHANCING TREATMENT Sanjaya Saxena, MD; Catherine R. Ayers, PhD; Karron M. Maidment RN, MFT	MANAGING TREATMENT RESISTANT OCD AND SPECTRUM IN ADULTS AND KIDS: ROUNDTABLE Cheryl N. Carmin, PhD; Jonathan Abramowitz, PhD, ABPP; Martin E. Frankiln, PhD; Randy Frost, PhD; C. Alec Pollard, PhD; Bradley Riemann, PhD; Gail Steketee, PhD	CBT FOR BDD Sabine Wilhelm, PhD; Jennifer L. Greenberg, PsyD; Hannah E. Reese, MA
CURRENT TRENDS IN CLINICAL RESEARCH: EXPRESSED EMOTION, FAMILY ACCOMMODATION AND FAMILY CBT FOR OCD Barbara Van Noppen, PhD; Michele Pato, MD; Evelyn Stewart, MD	STRATEGIES FOR REDUCING COMPULSIVE HOARDING Gail Steketee, PhD; Randy Frost, PhD	FAMILY THERAPY WORKSHOP FOR THERAPISTS John Hart, MA; Thröstur Björgvinsson, PhD Dana Powell, PhD
OBSESSIONS AND DELUSIONS: A REVIEW OF BIZARRE OBSESSIONS, DELUSIONS, AND THE TREATMENT OF OCD IN SCHIZOPHRENIA Robert Hudak, MD	CROSS-CULTURAL IDENTIFICATION OF OCD Rene E. Staskal, MA; Steve Smith, PhD	THE BEE TRAP: STORYTELLING FOR TREATING OCD Allen Weg, EdD
UNDERSTANDING OBSESSIVE COMPULSIVE PERSONALITY DISORDER AND ITS IMPACT ON OBSESSIVE COMPULSIVE DISORDER Anthony Pinto, PhD	INTEGRATION OF GROUP-BASED COGNITIVE THERAPY WITH EXPOSURE AND RESPONSE PREVENTION THERAPY Jessica L. Langenhan, MD; Michelle Otelsberg, MA	DIAGNOSING AND TREATING TOURETTE SYNDROME & CO-MORBID OCD Jeremiah Scharf, MD, MPH

16th Annual OCF Conference

Support Groups and Special Programs

Thursday, August 6th , 1:00-6:00 PM

Advanced Behavior Therapy Institute: "Using Acceptance and Commitment Therapy (ACT) in the Treatment of OCD"

Michael Twohig, PhD

Professionals Only – Additional \$100 Fee. To register, please call the OCF at 617-973-5801 or visit: <http://conferences.ocfoundation.org>

Thursday, August 6th , 6:00-7:30 PM

How We Have Developed and Sustained an OCD Support Group

Sandra Chesborough, PhD

Special Pre-Conference Session! Open and free to everyone.

Friday, August 7th, 7:00-8:30, 8:45-10:45 PM

Support Groups Including:

- Compulsive Hoarding
- GOAL
- Improv Workshop for Kids
- Intrusive Thoughts
- Kids and Teens of Parents with OCD
- Obsessive Compulsive Anonymous
- Parents of Children and Young Adults with OCD
- Teens and Young Adults with OCD
- Scrupulosity
- Siblings of OCD Sufferers
- Virtual Camping Experiential Workshop

Saturday, August 8th, 6:30-9:00 PM

Saturday Evening Social

Dinner, dancing, and fun! Free to all of our attendees.

Free continental breakfast is available to all attendees on Fri/Sat/Sunday mornings.

Continuing Education Information

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and the Obsessive Compulsive Foundation. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians. McLean Hospital designates this educational activity for a maximum of 22.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This program is co-sponsored by McLean Hospital and the Obsessive Compulsive Foundation. McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. This offering meets the criteria for 22.5 C.E. hour(s) for psychologists. For more information, please call 617-973-5801 or conferences@ocfoundation.org.

This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 22.5 contact hours of nursing continuing education credit. Advance practice nurses, please note: Educational activities which meet the requirements of the ACCME (such as this activity) count towards 50% of the nursing requirement for ANCC accreditation.

For information about continuing education credit for social workers, please call 617-973-5801 or email conferences@ocfoundation.org.

Application has been made to the National Association of the Social Workers.

Course meets the requirements of 22.5 hours of continuing education credit for MFCCs and/or LCSWs as required by the California Board of Behavioral Sciences. Provider #4422.

For licensed mental health counselors., McLean Hospital is an NBCC Approved Continuing Education Provider (ACEP[™]) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The hospital's provider number is 6085. This program is approved for 22.5 clock hours of CE credit or 2.25 CEU.

What is the Obsessive Compulsive Foundation?

The Obsessive Compulsive Foundation (OCF) is an international not-for-profit organization made up of people with Obsessive Compulsive Disorder (OCD) and related disorders, as well as their families, friends, professionals and others.

Founded by a group of people with OCD in 1986, the mission of the OCF is to provide effective treatment for everyone with OCD and related disorders by:

- educating the public and professionals;
- assisting patients, their family and friends;
- supporting research into its causes and effective treatments.

OCF Conference Learning Objectives

At the end of this program:

- Professionals who are new to the diagnosis and treatment of OCD will have a basic working knowledge in addition to specialized knowledge of the etiology and treatment of OCD.
- Participants will understand the role of genetics, neurobiology, neuro-imaging, novel and traditional psychopharmacology, neurosurgery and deep brain stimulation in the diagnosis and/or treatment of OCD and OC spectrum disorders as reported in current research literature.
- Participants will have a greater understanding of the etiology of OCD as well as various other OC spectrum disorders and co-morbid disorders. Participants will also have an understanding of differential diagnosis and treatment options for each disorder or combination of disorders.
- Participants will have gained new knowledge about the various cognitive and behavioral, bio-behavioral, family and other treatments of OCD, OC spectrum disorders and other co-morbid disorders in children, adolescents and adults and across ethnic groups which will enhance their treatment repertoire.
- Participants will have new ideas about how to treat treatment resistant OCD and OC spectrum disorders, as well as how to engage unmotivated patients in the treatment process.
- Participants will have a more thorough understanding of and respect for OCD and OC spectrum disorder sufferers and family members and an increased competency facilitating recovery.